

Suggested List of Items To Bring Two-Week Session

TOILETRIES

- o Toothbrush and Toothpaste
- o Hairbrush
- o Shampoo, Conditioner, Soap
- o Deodorant
- o Razor and Shaving cream
- o Shaving cream
- o Bug spray
- o Sunscreen
- o Travel Size Laundry Detergent

OPTIONAL

- o Cell Phone (*please see our policy*)
- o Sports: Tennis Racquet, Baseball Glove...
- o Radio
- o Musical Instrument
- o Water bottle
- o Lamp or Flashlight
- o Books, Magazines, Journal
- o Camera
- o Stationary and Stamps
- o Umbrella
- o Sunglasses / Sun Hat

PLEASE LEAVE AT HOME

- o Laptop
- o Television
- o Candles / Incense

CLOTHING

- o Socks: 8-10
- o Underwear: 8-10
- o Bathing Suit: 1-2
- o Sleepwear: 2-3
- o Lightweight Bathrobe: 1
- o Sweatshirt or Light Sweater: 1-2
- o Lightweight Jacket: 1
- o Shorts (at least mid-thigh): 5-6
- o Jeans: 2-3
- o T-Shirts and Tank Tops: 8-10
- o Long Sleeve Shirts: 2-3
- o Athletic Wear: 1-2 sets
- o Sundress, skirt or slacks for field trip
- o Casual Shoes: 1
- o Sneakers / Athletic Shoes: 1
- o Sandals/Flip-Flops
- o Shower shoes

LINENS

- o Standard Twin Sheet Set
- o Pillow and Pillow Case
- o Lightweight blanket
- o Bath Towels and Wash Cloths: 2 sets
- o Laundry Bag

FOR YOUR ROOM

- o Decorations / "Bits of Home"
- o Fan
- o Clothes Hangers
- o Radio Alarm Clock

VALUABLES: The summer program does not assume responsibility for any lost or damaged items and, therefore recommends that no valuable items such as jewelry etc. be brought to camp

LABEL EVERYTHING: Please mark clothing with your name in permanent ink.

LAUNDRY: There are laundry facilities in the dorms. You do not need to bring coins for the machines, but please DO bring detergent – available in travel sizes.

MEDICATIONS: Students may not keep prescription or OTC medications in their rooms (except in some cases, such as with inhalers, epi-pens, etc). The nurse or director will oversee the administration of all medications. Please see our medication policy for details on bringing your medications to camp.